

SSYZSS

# Pain Management Day



Hôpital Fribourgeois  
HFR Riaz - Conference room "Gruyère"

November 9th 2023  
1st Pain Management Workshop

## Shortcuts

Jerome Aellen	JA
Karim Benmiloud	KB
Valentin Bosson	VB
Joelle Chabwine	JG
Gianluca Maestretti	GM
Paolo Maino	SL
Fatos Ramadani	FR
Daniele Valsecchi	DV

# About

The Swiss Young Neurosurgeons Society (SYNS) is dedicated to the continuous improvement of the neurosurgical training program for residents and young consultants in Switzerland.

We were founded in 2005 by a handful of young residents striving to achieve a high standard of specialty training by organizing focused talks, symposiums and hands-on courses. Our aim is to increase learning and inspiration in the field of neurosurgery while bringing together young minds from all over the country. As of 2011 SYNS carries the status of a registered non-profit society by Swiss law.

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Società Svizzera di Chirurgia Spinale  
Swiss Society of Spinal Surgery

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# Thursday 09.11.2023

08:30 – 09:00 Registration and welcome

## MORNING SESSION

09:00 – 09:20 Welcome and course presentation GM

09:20 – 09:40 What is the “acute pain”? Pathophysiology and treatment VB

09:40 – 10:00 Chronic pain: neurophysiological changes and clinical implications JC

10:00 – 10:20 Patient’s selection for the lumbar infiltration: point of view from the surgeon FR

10:20 - 10:40 Coffee Break

Update on the interventional techniques of pain management (10 min talk + 5 min open discussion)

10:40 – 10:50 Lumbar epidural infiltration KB

10:55 – 11:05 Lumbar foraminal infiltration : X-Ray vs CT-scan JA

11:10 – 11:20 Sacral joints infiltration DV

11:25 – 11:35 Sacral block KB

11:40 – 11:50 MBB vs Facet joints infiltrations PM

Expert’s opinion

(15 min talk + 5 min faculty discussion)

11:50 – 12:10 Facet joints radiofrequency KB

12:15 – 12:30 Introduction on spinal neuromodulation Med

12:35 – 13:35 Lunch

## AFTERNOON SESSION

Hands-on training on the simulator (3 x 40 min rounds)

*Room 1*

RF simulator (X-Ray in the OR)

KB

*Room 2*

13:35 – 15:45 Medtronic Neuromodulation (OR)

Med

*Room 3*

Facet joints/SI joints/lumbar foraminal infiltrations (RF Room, Department of Radiology)

PM

15:45 – 16:00 Closing remarks

GM